## **ICOT** SIZE GUIDE

All measurements are based on actual body measurements. See below for how to correctly measure each area.



FOR TOPS: Use chest and waist measurement



FOR BOTTOMS: Use waist and hips measurement



Measure around the fullest part of your chest, just below the armpits.



Measure around your waistline, close to your belly button.



Measure around the fullest part of your hips.



\* Our pro cut garments are designed to be tight fitting. If you would prefer a looser fit, order the next size up

## **MENS**

	SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
	CHEST	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	135-140	140-145	145-150
2	WAIST	80-85	85-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135
3	HIPS	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	135-140	140-145	145-150

## **WOMENS**

	SIZE	6	8	10	12	14	16	18	20	22	24	26
	CHEST	85-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	135-140
2	WAIST	70-75	75-80	80-85	85-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125
3	HIPS	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	135-140	140-145

## KIDS (UNISEX)

	SIZE	0	1	2	4	6	8	10	12	14	16
2	CHEST	43-47	47-51	51-55	55-59	59-65	65-71	71-77	77-83	83-89	89-95
	WAIST	49-51	51-53	53-55	55-57	<i>57-59</i>	59-61	61-63	63-66	66-70	70-75
3	HIPS	43-47	47-51	51-55	55-59	59-65	65-71	71-77	77-83	83-89	89-95





